



Post-Treatment Instructions for Juvederm:

Minor redness, swelling and bruising following Juvederm treatment may occur. Immediately contact our office should you experience excessive redness,, swelling, bruising, discoloration, heat and/or pain in the area of injections. Also, please contact our office if swelling lasts longer than 72 hours after your Juvederm treatment.

Take non-sedating antihistamines (Claritin or Zyrtec) as per package directions for 7 -10 days to control swelling.

To reduce swelling and bruising, please avoid all alcohol consumption, extended sun exposure, vigorous exercise or becoming overheated for 24 hours following your Juvederm treatment and until all side effects have completely resolved. You may take acetaminophen as needed for discomfort. Immediately report any discomforts that is more than minor.

Unless advised by your medical provider, avoid touching the treated area for 24 hours. However, you may gently wash your face and apply makeup 6 hours after your Juvederm treatment. Clean all make-up brushes, applicators and surfaces prior to application to prevent infection.

Avoid any facial treatments, massage or laser procedures until after your two week follow-up appointment and until these treatments have been cleared by your provider.

You should not travel by air or engage in activities where you may experience changes in altitude or barometric/atmospheric pressure for at least 2 weeks after injections as this can cause complications.

If you have a history of cold sores you may have an outbreak following your Juvederm treatment. Should this occur, please contact our office to discuss a possible prescription for an antiviral medication.