



## **CRYOSURGERY POST-TREATMENT INSTRUCTIONS**

Doctors use freezing agents to treat warts and a variety of skin growths. These skin growths are destroyed by freezing action.

From a few hours to a few days after treatment the area may blister, turn black, or form a scab. This is a desirable result. In some patients, no reaction is apparent.

1. You may get the area wet while bathing. Keep it dry as much as possible.
2. If the area is painful within the first few hours after treatment, soaking the area in warm water and taking aspirin (ibuprofen and acetaminophen for children) will give pain relief.

Most patients experience little or no pain from this treatment.

3. It is not necessary to cover the area with a bandage, but if you desire to do so you may go ahead. You should protect the area from injury.
4. Painful large blisters (even blisters filled with blood) can occur at times. This should be done by your doctor, unless specifically instructed by your doctor. If such painful blisters occur, or if you have any other trouble with the treated area contact your doctor.
5. As the treated area heals the scab will fall off. This will take several days to weeks depending on the size and nature of the growth treated, the location, and the way your body heals.
6. Allow the scab to fall off by itself; do not irritate or pull it off.
7. When the scab comes off the skin will be somewhat red. With time the skin color will become normal. Do not bandage, irritate or apply any medications to the site after the scab has fallen off. The area may be sensitive to touch, temperature, and be itchy as it heals. This is normal and it may take some time before it is exactly like the skin around it.